



5K Run/Walk & 1 Mile Run/Walk Saturday, March 25, 2017

All Proceeds Support Bond County Meals on Wheels Program

5K starts at 9:00 am

1 Mile starts at 9:45 am

- Location: Starts and Ends at Bond County Senior Center, 1001 E. Harris Ave., Greenville, IL 62246
- Awards: Awards will be given to the top male and female finishers overall and in the following age groups: 14 & under, 15-24, 25-34, 35-44, 45-54, 55 & over. Award finishers must be present to receive their award.
- Registration: \$ 25 if postmarked by 3/17/17. \$30 if postmarked after 3/18/17 or later and Race Day entry fee. NOTE: ENTRY FEES ARE NON-REFUNDABLE
- Shirts: Event T-shirts available for pre-registered entrants. Race day and late registration are not guaranteed a shirt.
- Information: Registration forms can be downloaded from www.bondseniors.org, picked up at Bond County Senior Center or on Bond County Senior Center Facebook page. For more information please contact Jill Jones at 618-664-1465 or email jill.jones@bondcountytransit.org or Chrisy Ennen at clennen@hotmail.com.

MARCH FOR MEALS – 5K RUN/WALK & 1 MILE RUN/WALK

Make Checks Payable to: Bond County Senior Center, 1001 E. Harris Ave., Greenville, IL 62246

FRIEND DONATION: \$20 \$30 \$40 \$50 \$75 \$100 Other _____
Will be recognized as a donor on the day of the event

Name: _____

Phone: _____

Address: _____

Age (on race day): _____

City/State/Zip: _____

Circle Gender: Male Female

Circle T-shirt Size: Youth-M Youth-L Adult-S Adult-M Adult-L Adult-XL Adult-XXL

Circle Event: 5k Run 5k Walk 1Mile Run 1Mile Walk Silent Walker
(A silent walker is an entrant that will not make the event but will receive event T-shirt)

Waiver of Liability: In consideration of this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages, actions and causes of actions against Bond County Senior Citizens Center, Inc., BondCoRunCo, Meals on Wheels America and their affiliates, subsidiaries, officials, representatives, employees, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of the run/walk. Further, I hereby grant full permission for the free use of my name and/or photographs, videotapes, motion pictures, recordings, and any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Email address: _____ (used for entry confirmations – not given out to other entities)