



White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us by 12:00 pm on the Tuesday preceding Wednesday delivery. You may choose to enjoy your lunch at the Center, in our dining room; pick it up; or have your lunch delivered by a volunteer who shares your desire to support our programs.

May 2024

May 1

Elevated BLT Sandwich – Slices of crisp bacon on a brioche sub bun with leaf lettuce and sliced tomatoes. Served with avocado spread and mayo on the side with a mini green salad with Raspberry Vinaigrette dressing.

Spinach Craisin Salad - Toasted walnuts and craisins on a bed of romaine lettuce with spinach, shredded Monterey jack cheese, diced celery, and Raspberry Vinaigrette dressing. Served with a bread accompaniment and seasoned butter spread.

Butter Pecan Cookie

May 8

Seafood Salad Sandwich – Crab meat mixed with green onions, celery, spices, and mayonnaise served on a lobster roll with lettuce and provolone cheese on the side. Comes with a mini green side salad with Caesar dressing.

Chicken Caesar Salad – Grilled chicken served on a bed of romaine lettuce with parmesan cheese and croutons on the side with Caesar dressing.

Peanut Butter Cup Butter Pecan Cookie

May 15

Boom Boom Sandwich - Slices of salami, pepperoni, capicola ham, bacon rounds, and mozzarella cheese on a pretzel bun. Pepperoncini, tomato, onion and Boom Boom sauce on the side and a mini lettuce salad with Chipotle Ranch dressing.

Santa Fe Salad – Fresh greens, grilled chicken breast strips, shredded cheese, Monterey jack cheese, tomatoes and green onions. Served with tortilla strips and Chipotle Ranch dressing on the side.

Chocolate Chunk Cookie

May 22

Ham & Swiss – Ham between slices of Swiss cheese served on a Hawaiian bun with mustard & mayo on the side. Comes with a mini lettuce salad with Raspberry Vinaigrette dressing.

Mandarin Orange Salad - Chopped iceberg, romaine, and spinach with mandarin oranges, shredded cheese, parmesan cheese, and toasted walnuts; served with our very own Sweet Italian Drizzle dressing. Seasoned flat bread crackers and honey butter spread on the side.

Lemon Blueberry Cookie

Please see reverse for order form

Need cookies over the summer? Need a lunch meeting catered? Give us a call and we can assist, any time of the year!

Thank you for your continued support, we will see you again in October!

****Due to supply chain issues, menu subject to change. We apologize for the inconvenience.***



Order Form May 2024

Please e-mail your order to nutrition.spec@bondseniors.org. Be sure the subject line includes your **business name & White Crane Order** or it might be deleted. Fax orders to **618-664-1478**. You may call your order to **618-664-1465**. Either way, **we need your order by 12:00 pm the Tuesday** before you would like to receive your White Crane Business Express lunch.

Business Name _____

Address _____ Fax _____

Contact Person _____ Phone _____

Delivery Time _____ E-Mail _____

Wednesday, May 1 **# @ \$8.00** **Subtotal** **May 1 Total** _____

Elevated BLT Sandwich _____ _____

Spinach Craisin Salad _____ _____

Thank you for your order!

Butter Pecan Cookie _____ @ 1.50 _____

Wednesday, May 8 **# @ \$8.00** **Subtotal** **May 8 Total** _____

Seafood Salad Sandwich _____ _____

Chicken Caesar Salad _____ _____

Thank you for your order!

Peanut Butter Cup Cookie _____ @ 1.50 _____

Wednesday, May 15 **# @ \$8.00** **Subtotal** **May 15 Total** _____

Boom Boom Sandwich _____ _____

Santa Fe Salad _____ _____

Thank you for your order!

Chocolate Chunk Cookie _____ @ 1.50 _____

Wednesday, May 22 **# @ \$8.00** **Subtotal** **May 22 Total** _____

Ham & Swiss Sandwich _____ _____

Mandarin Orange Salad _____ _____

Thank you for your order!

Lemon Blueberry Cookie _____ @ 1.50 _____

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