



White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us <u>by 11:00 am</u> on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.

## January 2025

#### January 8:

<u>Elevated BLT Sandwich</u> – Slices of crisp bacon on a brioche sub bun with leaf lettuce and sliced tomatoes. Served with avocado spread on the side and pasta salad.

<u>Asian Chicken Salad</u> – Chopped romaine lettuce, grilled chicken breast strips, parmesan cheese, mandarin oranges, and shelled edamame served with Chow Mein noodles and Asian Sesame Ginger dressing.

Snickerdoodle Cookie

#### January 15:

<u>Honey Smoked Turkey Sandwich</u> – Honey smoked turkey topped with bacon and cheddar cheese on a croissant with lettuce, tomato and pickles on the side and mayonnaise and mustard packets. Served with a mini lettuce salad and strawberry dressing on the side.

<u>Strawberry Salad</u> – Chopped romaine/iceberg lettuce and baby spinach topped with strawberries, red onion, feta cheese and sugared almonds. Served with its own special Strawberry dressing, flatbread cracker and strawberry butter spread.

**Butter Pecan Toffee Cookie** 

#### January 22:

<u>Pretzel Club Sandwich</u> – Slices of smoked turkey, ham and roast beef with bacon, between slices of cheddar cheese, served on a pretzel bun with horseradish sauce and mayo on the side. Served with chips.

<u>Chicken Taco Salad</u> – Shredded lettuce, shredded cheese, diced tomatoes, seasoned chicken meat (in a separate microwaveable container), black beans, black olives, and green onion. Served with sour cream, salsa and corn chips on the side.

<u>Italian Wedding Soup</u> – Soup features pasta, miniature meatballs, onions, spinach and carrots in a rich chicken broth. Served with crackers.

**Monster Cookie** 

#### January 29:

**Boom Boom Sandwich** – Slices of salami, pepperoni, capicola ham, bacon, and mozzarella cheese on a Kaiser roll. Pepperoncini, tomato, onion and Boom Boom sauce on the side and a mini lettuce salad with Southwest Ranch dressing.

<u>Santa Fe Salad</u> – Chopped romaine and iceberg lettuce, grilled chicken breast strips, shredded Monterey jack cheese, chopped tomatoes and green onions. Served with tortilla strips and Southwest Ranch dressing on the side.

White Chocolate Macadamia Nut Cookie

#### Thank you for your support.

Please see reverse side for order form.

\*Due to supply chain issues, menu is subject to change. We apologize for the inconvenience.



# **Order Form for January 2025**

Please e-mail your order to <a href="mailto:nutrition.spec@bondseniors.org">nutrition.spec@bondseniors.org</a>. Be sure the subject line includes your business name & White Crane order or it might be deleted. Fax orders to 618-664-1478. You may call your order to 664-1465. Either way, <a href="weilto:w

Business Name			
Address		Fax	
Contact Person	Phone		
Delivery Time	E-Mail		
Wednesday, January 8	#@\$8.00	Subtotal	January 8 Total
Elevated BLT Sandwich			
Asian Chicken Salad			Thank you for your order!
Snickerdoodle Cookies	@ 1.50		
Wednesday, January 15	# @ \$8.00	Subtotal	January 15 Total
Honey Smoked Turkey Sandwich			
Strawberry Salad			Thank you for your order!
Butter Pecan Toffee Cookie	@ 1.50		
Wednesday, January 22	# @ \$8.00	Subtotal	January 22 Total
Pretzel Club Sandwich			
Chicken Taco Salad			Thank you for your order!
Italian Wedding Soup	@ 6.00		
Monster Cookie	@ 1.50		
Wednesday, January 29	# @ \$8.00	Subtotal	January 29 Total
Boom Boom Sandwich			
Santa Fe Salad			Thank you for your order!
White Chocolate Macadamia Nut Cookie	@ 1.50		

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