



White Crane Business Express lunch specials will be available on Wednesdays. Please email, call or fax your choices to us <u>by 11:00 am</u> on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.

October 2024

November 6th:

<u>Chicken Caesar Wrap</u> – Grilled chicken, romaine lettuce, with parmesan and asiago cheese with Caesar dressing served in a wrap with potato chips.

<u>Chicken Caesar Salad</u> – Grilled chicken served on a bed of romaine lettuce with parmesan and asiago cheese and croutons with Caesar dressing.

Monster Cookie

November 13th:

<u>Little Italy</u> - Salami, apicola ham and pepperoni with a slice of provolone cheese on a Kaiser roll with basil spread and a mini green salad with Italian Dressing.

<u>Italian Salad</u> – Chopped romaine and iceberg lettuce with sliced salami, pepperoni, and capicola ham, shredded Monterey jack cheese, grape tomatoes, black olives, chopped sweet onion, and pepperoncini. Served with Italian dressing, bread accompaniment and seasoned butter spread on the side.

Butter Pecan Toffee Cookie

October 20th:

<u>Meatball Sub Sandwich</u> – Meatballs in sauce (in a separate microwavable container), provolone cheese on a subway roll with sliced pickles and a mini green salad and parmesan peppercorn dressing on the side.

BBQ Chop Chicken Salad – Shredded iceberg and romaine lettuce with black beans, white corn, chopped tomatoes and shredded cheese with BBQ chopped chicken served with tortilla strips and parmesan peppercorn dressing on the side

<u>Chicken Pot Pie Soup</u> – Hearty soup features potatoes, chicken, carrots, celery and onions served with crackers on the side

Sugar Cookie

November 27th:

No White Crane due to the Thanksgiving Holiday

Thank you for your support.

Please see reverse side for order form.

*Due to supply chain issues, menu is subject to change. We apologize for the inconvenience.



Order Form for October 2024

Please e-mail your order to nutrition.spec@bondseniors.org. Be sure that the subject line includes your business name & White Crane order or it might be ignored. Fax orders to 618-664-1478. You may call your order to 664-1465 x104. Either way, we need your order by 11:00 am the Tuesday before you would like to receive your White Crane Business Express lunch. We appreciate your continued support of this important fundraiser.

Business Name				
Address			Fax	
Contact Person	Phone			
Delivery Time	E-Mail			
Wednesday, November 6	# @ \$8.00	Subtotal	November 6 Total	
Chicken Caesar Wrap				
Chicken Caesar Salad	·		Thank you for your order!	
Monster Cookie	@ 1.50			
Wednesday, November 13	# @ \$8.00	Subtotal	November 13 Total	
Little Italy Sandwich	·			
Italian Salad	- -		Thank you for your order!	
Butter Pecan Toffee Cookie	@ 1.50			
Wednesday, November 20	# @ \$8.00	Subtotal	November 20 Total	
Meatball Sub Sandwich	- -			
BBQ Chopped Chicken Salad			Thank you for your order!	
Chicken Pot Pie Soup	@ \$6.00			
Sugar Cookie	@ 1.50			

Thank you for your support!

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