

**White Crane Business Express lunch specials will be available on Wednesdays. Please e-mail, call or fax your choices to us by 11:00 am on the Tuesday preceding Wednesday delivery. You may choose to pick it up at the Senior Center or have your lunch delivered by a volunteer who shares your desire to support our programs.**

**October 2024**

**October 9th:**

**Bacon Blitz Sandwich** –Smoked turkey topped with bacon and sliced cheddar cheese on a brioche sub bun with sun-dried tomato spread with a mini mandarin orange salad on the side.

**Mandarin Orange Salad** –Chopped iceberg, romaine, and spinach with mandarin oranges, shredded cheese, parmesan cheese, and toasted walnuts; served with our very own Sweet Italian Drizzle dressing. Seasoned flat bread crackers and honey butter spread on the side.

**Lemon Blueberry Cookie**

**October 16th:**

**Chicken Salad Sandwich -** Chopped white meat chicken mixed with cranberries, pineapple, grapes and walnuts served on a croissant with a mini berry salad on the side.

**Chicken Salad by the Pound** – Chicken salad will be available by the pound for delivery.

**Sweetheart Berry Salad** – Chopped Iceberg, Romaine and Baby Spinach with sliced chicken breast, sliced strawberries, blueberries, feta cheese and candied pecans. Served with Raspberry Vinaigrette dressing, bread accompaniment and seasoned spread.

**White Chocolate Macadamia Nut Cookie**

**October 23rd:**

**Italian Beef Sandwich** – Sliced Italian roast beef (in a separate microwavable container) served on a hoagie bun with provolone cheese with pepperoncini with horseradish sauce and mayonnaise on the side and potato chips.

**Santa Fe Salad** – Chopped Romaine and Iceberg lettuce, grilled chicken breast strips, shredded Monterey Jack cheese, chopped tomatoes and green onions. Served with tortilla chips and Southwest Ranch dressing on the side.

**Snickerdoodle Cookie**

**October 30th:**

**Ham & Swiss Sandwich** – Slices ham with Swiss cheese on a Hawaiian bun with honey mustard, mayonnaise and a mini green salad with Raspberry Vinaigrette dressing.

**Cobb Salad** –Chopped Romaine and Iceberg lettuce with chicken breast strips, bacon crumbles, hard-boiled egg, tomato and bleu cheese crumbles. Served with Raspberry Vinaigrette dressing, bread accompaniment and seasoned spread.

**Chocolate Chunk Cookie**

***Thank you for your support. Please see reverse side for order form.***

**\*Due to supply chain issues, menu is subject to change. We apologize for the inconvenience.**



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**Delivers**

**Order Form for October 2024**

Please e-mail your order to [**nutrition.spec@bondseniors.org**](mailto:nutrition.spec@bondseniors.org). Be sure that the subject line includes your **business name & White Crane order** or it might be ignored. Fax orders to **618-664**-**1478.** You may call your order to **664-1465 x104**. Either way, **we need your order by 11:00 am the Tuesday** before you would like to receive your White Crane Business Express lunch. We appreciate your continued support of this important fundraiser.



**Business Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fax \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contact Person \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Delivery Time \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-Mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Wednesday, October 9 # @ $8.00 Subtotal October 9 Total \_\_\_\_\_\_\_\_\_\_**

Bacon Blitz \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_

Mandarin Orange Salad \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ *Thank you for your order!*

Lemon Blueberry Cookie \_\_\_\_\_\_\_\_ @ 1.50 \_\_\_\_\_\_\_

**Wednesday, October 16 # @ $8.00 Subtotal October 16 Total \_\_\_\_\_\_\_\_\_\_**

Chicken Salad Sandwich  \_\_\_\_\_\_\_ \_\_\_\_\_\_\_

Chicken Salad by Pound \_\_\_\_\_\_\_**# of lb(s) @ $7.00** \_\_\_\_\_\_**Subtotal**

Sweetheart Berry Salad \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ *Thank you for your order!*

White Chocolate Macadamia Cookie \_\_\_\_\_\_\_ @ 1.50 \_\_\_\_\_\_\_

**Wednesday, October 23 # @ $8.00 Subtotal October 23 Total \_\_\_\_\_\_\_\_\_\_\_**

Italian Beef Sandwich \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_

Santa Fe Salad \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ *Thank you for your order!*

Snickerdoodle Cookie \_\_\_\_\_\_\_ @ 1.50 \_\_\_\_\_\_\_\_

**Wednesday, October 30 # @ $8.00 Subtotal October 30 Total \_\_\_\_\_\_\_\_\_\_\_**

Ham & Swiss Sandwich \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_

Cobb Salad \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ *Thank you for your order!*

Chocolate Chunk Cookie \_\_\_\_\_\_\_ @ 1.50 \_\_\_\_\_\_\_\_

***Thank you for your support!***

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